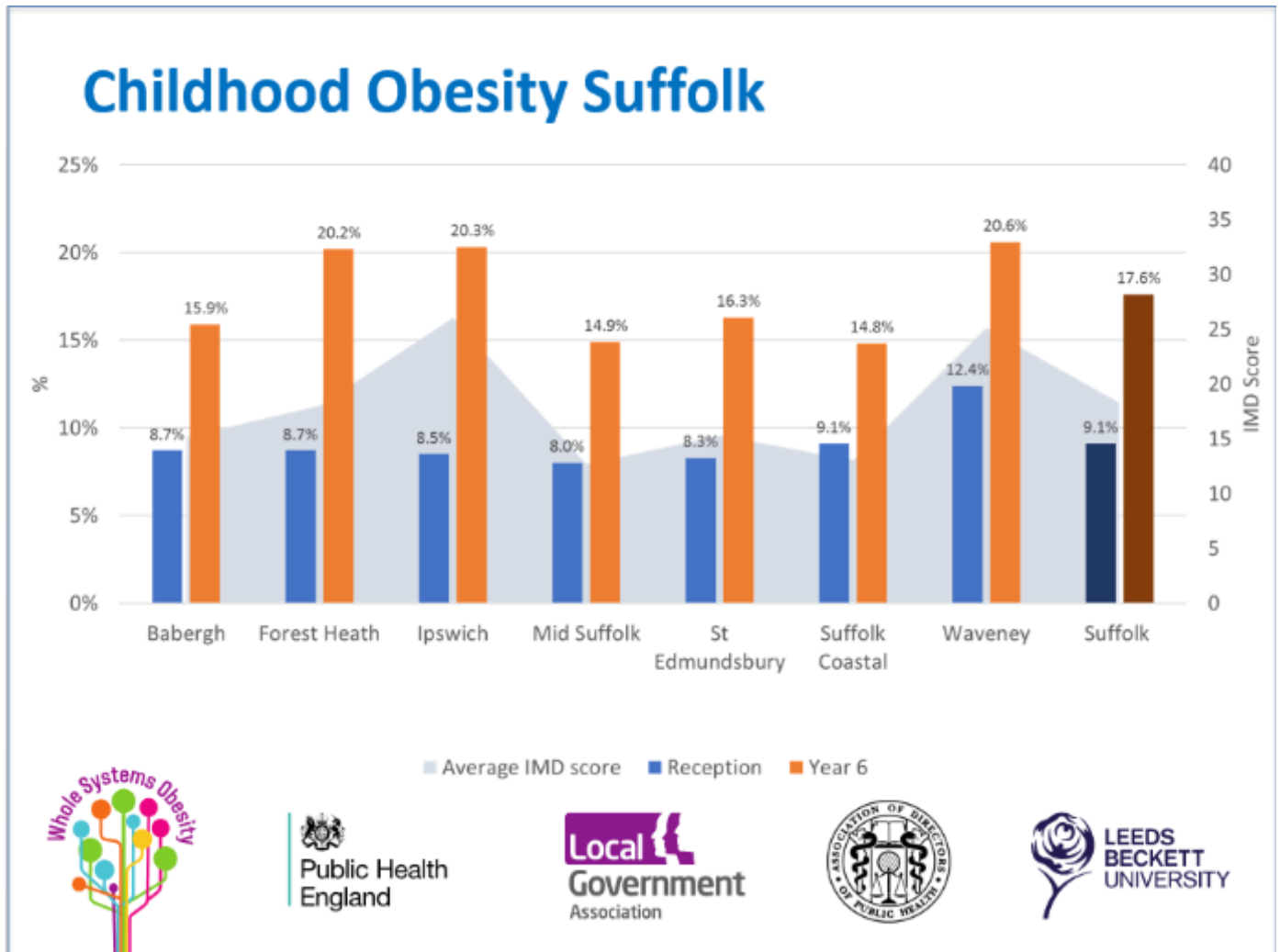




Protecting and improving the nation's health

Resource C: Example consequence presentation¹

These images provide an example of how Suffolk County Council reported their localised data in workshop 1.



¹ This resource is part of Public Health England's wider whole systems approach to obesity programme. Please search to find the main guide and additional resources.

Impact of Obesity In Suffolk

Emotional health and wellbeing

Children who are obese, are 2-4 times more likely to have low self-worth than their normal weight peers

Educational attainment

Children with healthier lifestyle behaviours perform better academically

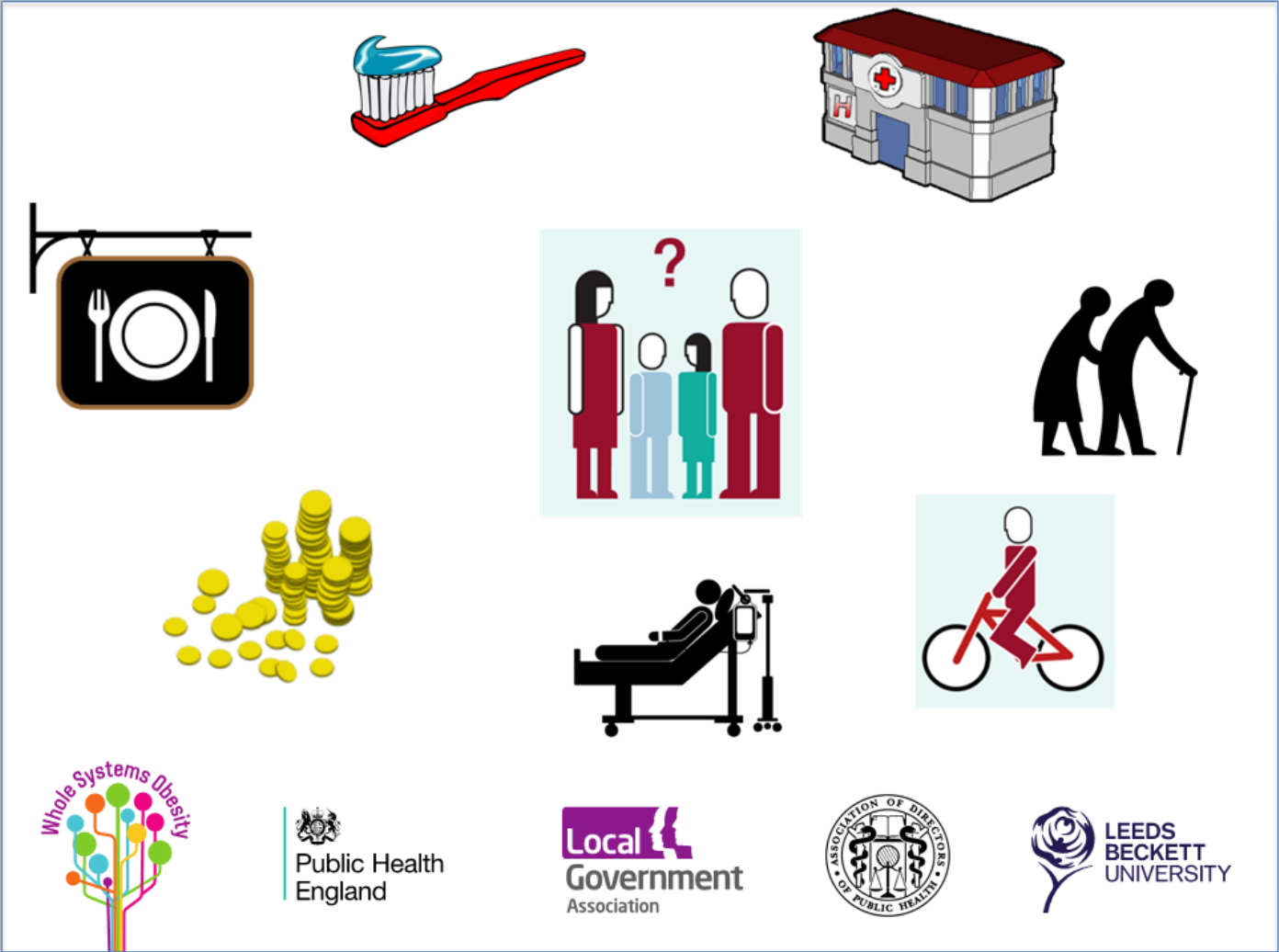
Social

Weight stigma and discrimination decrease the likelihood that people with obesity will engage in health promoting behaviours

Health

80% of young people who are overweight and obese are estimated to become adults with excess weight





Suffolk Health and Wellbeing Strategy

Time Is Now
Prevention
Strategy

Suffolk
Family 2020
Strategy

Suffolk Local
Transport
Plan
(Road Safety
Strategy)

*Suffolk
SEND
Action Plan*

*Suffolk
Walking
and Cycling
Strategy*

*Suffolk
Disability
and
Physical
Activity
Strategy*

Suffolk
Nature
Strategy

Suffolk
Volunteering
Strategy

District &
Borough
Health &
Wellbeing
Strategies

Local Play
strategies

Local
transport
plans

Local Sport
and PA
strategies

Local
walking &
cycling
programmes
& strategies

Local
Equality and
diversity
policies

Open space
and
allotment
strategies

Families and
Communities
strategies

