



## Resource V: Workshop 2 activity: how and where could we intervene?<sup>1</sup>

### Workshop 2- group activity 3: printable resource

1. With colleagues, identify areas in the theme map where you could intervene and start thinking about action. Consider unintended consequences and health inequalities.
2. On the theme map, write down a brief description of your action idea. You could strengthen or align it with an action that is currently being implemented.
3. Decide as a group what level of action this is (for example: event, system structure). Write this into the action register.
4. Then ask the question, “are there any additional actions with more leverage that could support this action?”.
5. State whether you would be interested to help take these actions forward.

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<sup>1</sup> This resource is part of Public Health England's wider whole systems approach to obesity programme. Please search to find the main guide and additional resources.