



**Tuberculosis (TB) spreads through the air from one person to another.**

- TB germs spread when a person with infectious TB disease coughs, speaks, or sings.
- TB germs usually attack the lungs but can also move to any part of the body.

TB germs can live in the body without making you sick.

**This is called latent TB infection or inactive TB.**

- TB germs can live in your body for years without causing symptoms. Without treatment, inactive TB can develop into active TB disease and make you sick.
- If you have inactive TB, you can take TB medicine to prevent the development of active TB disease even if you do not feel sick.



### **Worried about Tuberculosis?**

**If you have any questions, concerns or would like to find out more, please scan the QR code provided or contact our team on [tbnurseteam@mkuh.nhs.uk](mailto:tbnurseteam@mkuh.nhs.uk)**