



C-WorKS: COVID-19 Consequences – February 2021 Newsletter

Welcome:

A warm welcome from the C-WorKS team to our February newsletter. We aim to use this to provide you with the latest updates on C-WorKS content, discussions and resources, alongside news of relevant publications and events.

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- **Contact C-WorKS:**
 - *Email LKISNorthEastandYorkshire@phe.gov.uk*
 - *View [C-WorkKS contact online](#) (sign up required if not a member, [email the team](#) to join)*



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Want it?



Know it?



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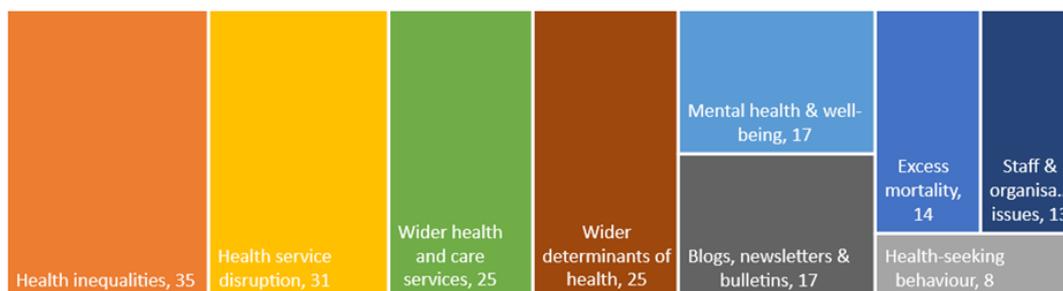


Covid-Consequences - Want it? or Know it? Share it!

C-WorkS is a system-wide piece of work across the North East and Yorkshire, which has been brought together collaboratively by PHE (LKIS team), NHSE, NECS and other partners working together.

C-WorkS Membership activity: 14th January to 22nd February 2021

- This month **31** new members have joined the PHINE Network, bringing the total number of group members to **586** (some legacy regional KHub groups were shut down this month and members of these groups were specifically directed to the PHINE North East and Yorkshire KHub group, which resulted in more new members over the last month).
- A total of **134** individual members have visited the individual pages during this period and **8** new resources were added which brings the total to **185** across the **9 themes** (note some of these will be duplicated across themes)



If you are not yet a member of C-WorkS and would like to join please email LKISNorthEastandYorkshire@phe.gov.uk to request an invite.



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Want it?



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Know it? Share it! – Responses to comments and questions

Remember: If you have any questions about the consequences of Covid-19, please post it on the comments section available at the bottom of each of the topic pages on [C-WorkKS](#). If you need help just ask us - LKISNorthEastandYorkshire@phe.gov.uk

In Health Inequalities

Simon Bromhead commented: - I thought some people might be interested in the results of a survey undertaken by the Ways to Wellness social prescribing service. Like all social prescribing services, the pandemic has forced us to adapt to changing ways of working, reduced services and increased challenges for many of our clients. We asked them to complete a short survey about their perceptions and experiences of the impact of the pandemic on their patients.

A full report of our findings can be found on our website here: [Needed more than ever: what link workers think of the present and future for the Ways to Wellness social prescribing service | News | Ways to Wellness](#).

Helen Park replied to Simon Bromhead .

Thanks Simon that's really interesting - very helpful description of some specific areas where COVID is having an impact beyond COVID itself. Might be worth also signposting to this from the 'health service disruption' section of C-WorkKS as it fits there too? (Let me know if any probs we can sort this for you).

In Mental health and wellbeing:

Helen Park message on behalf of Prof Peter Kelly (Regional Director, North East and Yorkshire region, PHE): Does anyone know of any data showing the impact of COVID on child and adolescent mental health and wellbeing? For example self-harm, self-esteem, referral rates, anxiety, social gradients, patterns etc?

Ceri Wyborn replied Helen Park's message:

Following up from this, I have pulled all the responses together on resources related to the impact of COVID on children and young people including some findings. Currently this is in a document in the library C-WorkKS folder which you can download here. This was a quick review of information available and is not by any means exhaustive. We will look at ways of updating this resource on KHub either by updating the document or creating the resources on the C-Works Wiki pages. List of resources available so far: available [here](#)

Remember: If you have any questions about the consequences of Covid-19, please post it on the comments section available at the bottom of each of the topic pages on [C-WorkKS](#). If you need help just ask us - LKISNorthEastandYorkshire@phe.gov.uk



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Want it?



Know it?



Share it!



Know it? Share it! – New resources

In Excess mortality:

Direct and indirect impacts of COVID-19 on excess deaths and morbidity

Joint update paper on the **impacts of COVID-19 on excess deaths and morbidity**. It was considered at SAGE 73 on 17 December 2020.

The paper is the assessment of the evidence at the time of writing; it was first discussed at SAGE 69 on 19 November 2020, and again at SAGE 73 on 17 December 2020 following inclusion of a counterfactual. It has since been updated to note that **the analysis does not explicitly account for the new variant**. As new evidence or data emerges, SAGE updates its advice accordingly.

Link: [Direct and indirect impacts of COVID-19 on excess deaths and morbidity](#)

In Health service disruption

North West ADASS Lessons Learned

In July 2020, **North West ADASS (NWADASS)** set out to conduct a “**Lessons Learned**” review across the **23 North West local authorities**, exploring the health and care system’s response to Covid-19 and the implications for the future direction of social care in the region (as defined in the ‘Care 2030 Strategy’). The purpose of the review was not merely to recount what happened during the first phase of the pandemic, but also to understand why it happened. In recognition that the situation with the pandemic is ever changing, it was also important to capture the lessons learned which could be incorporated into ‘real time’ responses to the current surge in cases.

Link: [North West ADASS Lessons Learned](#)

In Mental health and wellbeing:

Children’s Commissioner State of Children’s mental health services 2020/21 report

Children’s Commissioner State of children’s mental health services 2020/21 report (released 28th January 2020) says has **been much progress and great services but doesn’t match scale of need**

The report examines the progress that has been made over the past five years as well as looking at the impact the Covid crisis has had on children’s mental health. There has been an expansion of children’s mental health services over the past four years, but they are still nowhere near meeting the needs of many hundreds of thousands of children. The Children’s Commissioner argues this is because of a lack of ambition in improving children’s mental health services, despite numerous Government announcements on children’s mental health.



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However, the main positive from the analysis is that some individual local areas are improving above and beyond what central Government has expected of them and delivering vastly improved services for children.

National (Some CCG data included in report)

Link: <https://www.childrenscommissioner.gov.uk/report/mental-health-services-2020-21/>

Resources about the impact of COVID on children and young people's mental health and wellbeing

[Summary of resources](#) on the impact of Covid on the mental health and wellbeing of children.

National and local

Contact: Ceri.wyborn@phe.gov.uk

In Staff and Organisation

Online training for healthcare staff during Covid-19

A series of online training webinars for healthcare staff during Covid-19, to support service delivery and staff wellbeing.

<https://www.recoverycollegeonline.co.uk/your-mental-health/coronavirus/for-staff/staff-webinars/>

Planned webinars include: Wellbeing; Secondary Trauma & burnout; Compassionate Mind Training; Social isolation and its impact; Heart Rate Variability in helping to manage wellbeing; Care home staff experiences of Covid-19; Trauma informed care (A CAMHS perspective); Emotional impact of the pandemic on families; Managing anxiety; Managing low mood; Making meaning out of the pandemic; Managing minor difficulties with breathlessness; Psychological understanding of staff experiences and resilience building.

Claire.chapman8@nhs.net

In Wider health and care services

Leeds Neighbourhood Networks activity during the COVID-19 pandemic

The Centre for Ageing Better has conducted a real time evaluation of the Leeds Neighbourhood Networks activity during the COVID-19 pandemic. The webinar that accompanied the report launch can be viewed

here: https://www.youtube.com/watch?v=OPX6hgL_2TY&feature=youtu.be

And the full and summary reports can be accessed here: <https://www.ageing-better.org.uk/publications/ever-more-needed-role-leeds-neighbourhood-networks-during-covid-19-pandemic>

Link: <https://www.ageing-better.org.uk/>



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In Blogs, Newsletters and Bulletins

WICH monitoring tool update 18 Feb 2021

The latest blog on the updates to the Wider Impact of COVID-19 on Health (WICH) tool is available at: <https://www.khub.net/group/phine-network-north-east/group-blogs>

For any queries please contact Lizzie

Mannion LKISNorthEastandYorkshire@phe.gov.uk

Cross-Category

Analytical Collaboration for COVID-19

Five organisations are collaborating to provide analytical support to the health and care system to help in the fight against COVID-19: the Health Foundation; King's Fund; Nuffield Trust; and two specialist NHS analytical teams, Imperial College Health Partners and the Strategy Unit. The five organisations are working in a coordinated way to provide analysis and expertise to support the NHS on COVID-19, using their expertise to focus on questions that the NHS may lack the resources to look at, which may be more medium-term, cut across sectors, or benefit from independent analysis. They are sharing their knowledge, information, multi-disciplinary analytical skills, and extensive links into different parts of the health and care system.

<https://www.strategyunitwm.nhs.uk/covid19-and-coronavirus>



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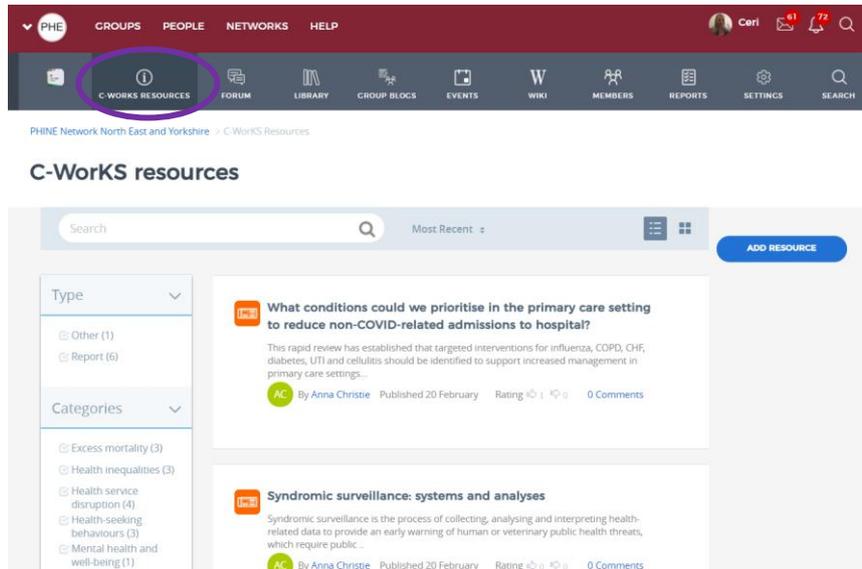


Share it!

Improving ways of adding and finding resources on C-WorkS

1. New resources function

In response to feedback about making it easier to add and find resources on C-WorkS, we have developed a new function on the C-WorkS platform called **'C-WORKS RESOURCES'** It's available on the left-hand side of the grey ribbon near the top of the screen in the KHub group (see below).



This is still being tested and some resources have been copied across from the Wiki pages already. The benefits are:

- Adding/ amending a resource is much more straightforward
- Resources can be found using categories (the C-WorkS topic areas) or tags
- Resources can be sorted by most recent or liked
- Your name can be clearly seen as a contact for a resource, viewers can click and see your profile easily and other activity you have made on C-WorkS
- Viewers of resources can also add comments and discussions can be held about a specific resource

Over the next couple of months we will look at how we can bring the resources on the Wiki pages together with the new function. If you own or have placed a resource on the Wiki pages, please can you help review the resource, decide if it's still relevant or can be updated and add it to the new function or let us know if you need help to do this. We will run the 2 systems in parallel for now. If you need any help with this or have any feedback please contact us at:

LKISNorthEastandYorkshire@phe.gov.uk



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2. Crossover/ discrete Topics 'Packages'

This month as you may have read above, we responded to a comment asking about **children and young people's mental health and well-being**, thanks to a group effort we ended up with lots of contributions. It seemed easier to summarise this in a document as a topic on its own rather than flood the more general **Mental Health and Well-being** C-WorkS Wiki pages.

When we thought about it, this sort of response to a topic that stands more on its own from the general C-WorkS areas or crosses over several topics, summarising it as a **'Package'** all in one place seems to make sense and something we will be looking to develop. Please send us any of your **thoughts and feedback** about this to the LKISNorthEastandYorkshire@phe.gov.uk

As an example please see the **Children and Young People's Mental Health and Well-being 'Package'** [Here](#).

Online learning and events

STEMClub and CWorkS Working Together

STEMClub is a growing informal network of colleagues from the health sector who are interested in promoting evidence-informed practice. **On February 23rd**, The **CWorkS Team** delivered a workshop at a **STEMClub** virtual meeting with 35 participants working in a range of library, information and research roles within the North East and beyond. Practitioners shared stories of how data, evidence and knowledge have been used to support best practice during the pandemic and looked towards a future of more system-wide working and equitable service restoration. We touched on some of the shared aims of **CWorkS and STEMClub** and how we might be able to work collaboratively in the future. Participants said:

"I find these meetings so valuable as a means of collaborating and sharing knowledge and good practice"

"Connecting with people from a wide range of organisations and locations - interesting to listen to their stories/share experiences during the pandemic."

[I liked] "Hearing what everyone had been doing and how it had raised LKS profiles within the organisations"

Presentations from the event are available to download [Here](#)

If you have a learning opportunity or event you think would be of value to our members please email LKISNorthEastandYorkshire@phe.gov.uk to feature in next month's publication



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Watch this space: In focus 'topic of the month' and event

After further thought, we've decided to make the 'topic of the month' more interactive. Each month, we still plan to take an in-depth look at one of the **9 key themes** which make up **C-WorKS** to try to answer some of the key questions or comments you may have. In addition we aim to hold an event each month that links into that topic, inviting colleagues to present latest work about the topic and discuss relevant ideas, resources etc

We will be announcing on **C-WorKS** the next topic of the month and the date that the event will be held shortly.

If you would like to contact us for any further information about **C-WorKS** please email us here LKISNorthEastandYorkshire@phe.gov.uk



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