



Welcome to the latest issue of the weekly Obesity Knowledge Update from Public Health England. This bulletin highlights new research relating to obesity and its determinants.

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## UK and Ireland

[A bit or a lot on the side? Observational study of the energy content of starters, sides and desserts in major UK restaurant chains.](#) Muc M, Jones A, Roberts C, Sheen F, Haynes A, Robinson E. *BMJ Open*. 2019 Oct 7;9(10):e029679. doi: 10.1136/bmjopen-2019-029679.

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## International

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[Parental Obesity and Offspring Pubertal Development: Project Viva.](#) Aris IM, Rifas-Shiman SL, Li LJ, Fleisch AF, Hivert MF, Kramer MS, Oken E. *J Pediatr*. 2019 Oct 8. pii: S0022-3476(19)31087-X. doi: 10.1016/j.jpeds.2019.08.029.

[Why do general practitioners not refer patients to behaviour-change programmes after preventive health checks? A mixed-method study.](#) Kamstrup-Larsen N, Broholm-Jørgensen M, Dalton SO, Larsen LB, Thomsen JL, Tolstrup JS. *BMC Fam Pract*. 2019 Oct 11;20(1):135. doi: 10.1186/s12875-019-1028-2.

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[Young People's Attitudes and Motivations Toward Social Media and Mobile Apps for Weight Control: Mixed Methods Study.](#) Nikolaou CK, Tay Z, Leu J, Rebello SA, Te Morenga L, Van Dam RM, Lean MEJ. *JMIR Mhealth Uhealth*. 2019 Oct 10;7(10):e11205. doi: 10.2196/11205.

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Role of appetitive phenotype trajectory groups on child body weight during a family-based treatment for children with overweight or obesity. Boutelle KN, Kang Sim DE, Manzano M, Rhee KE, Crow SJ, Strong DR. *Int J Obes (Lond)*. 2019 Oct 7. doi: 10.1038/s41366-019-0463-4.

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Regional and Social Disparities for Obesity among Austrian Adults: Representative Long-term Trends from 1973-2014. Großschädl F, Stronegger WJ. *Gesundheitswesen*. 2019 Oct 7. doi: 10.1055/a-0965-6840.

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## Systematic reviews

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