



Welcome to the latest issue of the weekly Obesity Knowledge Update from Public Health England. This bulletin highlights new research relating to obesity and its determinants.

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- [UK and Ireland - 2](#)
- [International - 37](#)
- [Systematic reviews - 8](#)

UK and Ireland

[Weight perceptions in older adults: findings from the English Longitudinal Study of Ageing.](#) Jackson SE, Smith L, Steptoe A. *BMJ Open*. 2020 Feb 9;10(2):e033773. doi: 10.1136/bmjopen-2019-033773.

[Accelerometer compared with questionnaire measures of physical activity in relation to body size and composition: a large cross-sectional analysis of UK Biobank.](#) Guo W, Key TJ, Reeves GK. *BMJ Open*. 2019 Jan 29;9(1):e024206. doi: 10.1136/bmjopen-2018-024206.

[\[back to top\]](#)

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[Impact of Changes in Chain Restaurant Calories over Time on Obesity Risk.](#) Bleich SN, Jones-Smith JC, Jarlenski MP, Wolfson JA, Frelief JM, Tao H, Hu Y, Zink A, Dunn CG, Soto MJ, Herring BJ. *J Gen Intern Med*. 2020 Feb 14. doi: 10.1007/s11606-020-05683-8.

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[\[back to top\]](#)

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[\[back to top\]](#)