



Welcome to the latest issue of the weekly Obesity Knowledge Update from Public Health England. This bulletin highlights new research relating to obesity and its determinants.

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UK and Ireland

Relationship between abdominal adiposity, cardiovascular fitness, and biomarkers of cardiovascular risk in British adolescents. Lewitt MS, Baker JS. J Sport Health Sci. 2020 Dec;9(6):634-644. doi: 10.1016/j.jshs.2019.02.004.

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International: Research related to COVID-19

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Systematic reviews

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