Welcome to the latest issue of the weekly Obesity Knowledge Update from Public Health England. This bulletin highlights new research relating to obesity and its determinants.

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**UK and Ireland**


**International**


Do differences between individuals who are healthy weight or overweight on self-report measures of disinhibited eating and restrained eating reflect reality or item “bias”? Forbush KT, Song QC, Tay L, Gould SR, Chapa DAN, Cushing CC, Ptomey LT. Psychol Assess. 2020 Mar 19. doi: 10.1037/pas0000810.


Lean body mass is the strongest anthropometric predictor of left ventricular mass in the obese paediatric population. Shea JR, Henshaw MH, Carter J, Chowdhury SM. Cardiol Young. 2020 Mar 16:1-6. doi: 10.1017/S1047951120000311.


Systematic reviews