



Welcome to the latest issue of the weekly Obesity Knowledge Update from Public Health England. This bulletin highlights new research relating to obesity and its determinants.

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UK and Ireland

The impact of early body-weight variability on long-term weight maintenance: exploratory results from the NoHoW weight-loss maintenance intervention. Turicchi J, O'Driscoll R, Lowe M, Finlayson G, Palmeira AL, Larsen SC, Heitmann BL, Stubbs J. *Int J Obes (Lond)*. 2020 Nov 3. doi: 10.1038/s41366-020-00706-0.

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International: Research related to COVID-19

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Systematic reviews

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