



Welcome to the latest issue of the weekly Obesity Knowledge Update from Public Health England. This bulletin highlights new research relating to obesity and its determinants.

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UK and Ireland

[Discussing weight loss opportunistically and effectively in family practice: a qualitative study of clinical interactions using conversation analysis in UK family practice.](#) Albury CVA, Ziebland S, Webb H, Stokoe E, Aveyard P. *Fam Pract.* 2020 Dec 19:cmaa121. doi: 10.1093/fampra/cmaa121.

[Tackling poverty, treating obesity: a 'whole system' approach.](#) Hayre J. *Arch Dis Child.* 2020 Dec 21:archdischild-2020-320552. doi: 10.1136/archdischild-2020-320552.

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UK and Ireland: Research related to COVID-19

[Weight-related lifestyle behaviours and the COVID-19 crisis: An online survey study of UK adults during social lockdown.](#) Robinson E, Gillespie S, Jones A. *Obes Sci Pract.* 2020 Aug 12;6(6):735-740. doi: 10.1002/osp4.442.

[Body mass index and the risk of COVID-19 across ethnic groups: Analysis of UK Biobank.](#) Razieh C, Zaccardi F, Davies MJ, Khunti K, Yates T. *Diabetes Obes Metab.* 2020 Oct;22(10):1953-1954. doi: 10.1111/dom.14125.

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International

[Binge Eating and Binge Drinking: A Two-Way Road? An Integrative Review.](#) Escrivá-Martínez T, Herrero R, Molinari G, Rodríguez-Arias M, Verdejo-García A, Baños RM. *Curr Pharm Des.* 2020;26(20):2402-2415. doi: 10.2174/1381612826666200316153317.

[Building a Resilient, Sustainable, and Healthier Food Supply through Innovation and Technology.](#) McClements DJ, Barrangou R, Hill C, Kokini JL, Ann Lila M, Meyer AS, Yu L. *Annu Rev Food Sci Technol.* 2020 Dec 21. doi: 10.1146/annurev-food-092220-030824.

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Systematic reviews

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