



Public Health England

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UK and Ireland

[Dietary Patterns Characterized by Fat Type in Association with Obesity and Type 2 Diabetes: A Longitudinal Study of UK Biobank Participants.](#) Brayner B, Kaur G, Keske MA, Perez-Cornago A, Piernas C, Livingstone KM. J Nutr. 2021 Sep 15:nxab275. doi: 10.1093/jn/nxab275.

[Impact of decreasing the proportion of higher energy foods and reducing portion sizes on food purchased in worksite cafeterias: A stepped-wedge randomised controlled trial.](#) Reynolds JP, Ventsel M, Kosīte D, Rigby Dames B, Brocklebank L, Masterton S, Pechey E, Pilling M, Pechey R, Hollands GJ, Marteau TM. PLoS Med. 2021 Sep 14;18(9):e1003743. doi: 10.1371/journal.pmed.1003743.

[Pediatric Weight Management Through mHealth Compared to Face-to-Face Care: Cost Analysis of a Randomized Control Trial.](#) Tully L, Sorensen J, O'Malley G. JMIR Mhealth Uhealth. 2021 Sep 14;9(9):e31621. doi: 10.2196/31621.

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International

[A youth empowerment intervention to prevent childhood obesity: design and methods for a cluster randomized trial of the H2GO! program.](#) Wang ML, Sprague Martinez LS, Weinberg J, Alatorre S, Lemon SC, Rosal MC. BMC Public Health. 2021 Sep 15;21(1):1675. doi: 10.1186/s12889-021-11660-5.

[Obesity, Disability and Self-Perceived Health Outcomes in Australian Adults: A Longitudinal Analysis Using 14 Annual Waves of the HILDA Cohort.](#) Keramat SA, Alam K, Ahinkorah BO, Islam MS, Islam MI, Hossain MZ, Ahmed S, Gow J, Biddle SJH. Clinicoecon Outcomes Res. 2021 Sep 7;13:777-788. doi: 10.2147/CEOR.S318094.

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Table for two: Perceptions of social support from participants in a weight management intervention for veterans with PTSD and overweight or obesity. Robustelli BL, Campbell SB, Greene PA, Sayre GG, Sulayman N, Hoerster KD. *Psychol Serv*. 2021 Sep 13. doi: 10.1037/ser0000577.

Social inequalities in obesity and overweight: secular changes in Poland between 1983 and 2020. Żegleń M, Kryst Ł, Kowal M, Woronkiewicz A. *Eur J Public Health*. 2021 Sep 12:ckab161. doi: 10.1093/eurpub/ckab161.

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Development and Validation of the Four Facet Mindful Eating Scale (FFaMES). Carrière K, Shireen SH, Siemers N, Preißner CE, Starr J, Falk C, Knäuper B. *Appetite*. 2021 Sep 10;168:105689. doi: 10.1016/j.appet.2021.105689.

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Systematic reviews

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