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UK and Ireland

[Association Between Childhood Consumption of Ultraprocessed Food and Adiposity Trajectories in the Avon Longitudinal Study of Parents and Children Birth Cohort.](#) Chang K, Khandpur N, Neri D, Touvier M, Huybrechts I, Millett C, Vamos EP. JAMA Pediatr. 2021 Jun 14:e211573. doi: 10.1001/jamapediatrics.2021.1573.

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[The outcomes of mindfulness-based interventions for Obesity and Binge Eating Disorder: A meta-analysis of randomised controlled trials.](#) Daniela Mercado, Robinson L, Gordon G, Werthmann J, Campbell IC, Schmidt U. Appetite. 2021 Jun 16:105464. doi: 10.1016/j.appet.2021.105464.

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International

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Systematic reviews

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