



Office for Health Improvement and Disparities

Welcome to the latest issue of the weekly Obesity Knowledge Update from the Office for Health Improvement and Disparities (OHID). This bulletin highlights new research relating to obesity and its determinants.

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UK and Ireland

[Improved Quality of Life, Fitness, Mental Health and Cardiovascular Risk Factors with a Publicly Funded Bariatric Lifestyle Intervention for Adults with Severe Obesity: A Prospective Cohort Study](#). Brazil JF, Gibson I, Dunne D, Hynes LB, Harris A, Bakir M, Keegan D, McGuire B, Hynes M, Collins C, Foy S, Seery S, Bassett P, Davenport C, Jones J, Finucane FM. *Nutrients*. 2021 Nov 21;13(11):4172. doi: 10.3390/nu13114172.

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[How active can preschoolers be at home? Parents' and grandparents' perceptions of children's day-to-day activity, with implications for physical activity policy](#). Parrish S, Lavis A, Potter CM, Ulijaszek S, Nowicka P, Eli K. *Soc Sci Med*. 2021 Nov 6;292:114557. doi: 10.1016/j.socscimed.2021.114557.

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International

[Obesity and Cardiometabolic Risk Factors: From Childhood to Adulthood](#). Drozd D, Alvarez-Pitti J, Wójcik M, Borghi C, Gabbianelli R, Mazur A, Herceg-Čavrak V, Lopez-Valcarcel BG, Brzeziński M, Lurbe E, Wühl E. *Nutrients*. 2021 Nov 22;13(11):4176. doi: 10.3390/nu13114176.

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International: Research related to COVID-19

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Systematic reviews

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