



Office for Health Improvement and Disparities

Welcome to the latest issue of the weekly Obesity Knowledge Update from the Office for Health Improvement and Disparities (OHID). This bulletin highlights new research relating to obesity and its determinants.

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UK and Ireland

[Associations of changes in physical activity and discretionary screen time with incident obesity and adiposity changes: longitudinal findings from the UK Biobank.](#) Paudel S, Del Pozo Cruz B, Inan-Eroglu E, Ahmadi M, Stamatakis E. *Int J Obes (Lond)*. 2021 Dec 1. doi: 10.1038/s41366-021-01033-8.

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