



Welcome to the latest issue of the weekly Obesity Knowledge Update from Public Health England. This bulletin highlights new research relating to obesity and its determinants.

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## UK and Ireland

[What happens when patients say "no" to offers of referral for weight loss? - Results and recommendations from a conversation analysis of primary care interactions.](#) Albury C, Webb H, Ziebland S, Aveyard P, Stokoe E. Patient Educ Couns. 2021 Aug 25:S0738-3991(21)00561-9. doi: 10.1016/j.pec.2021.08.017.

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[Identifying adults at high-risk for change in weight and BMI in England: a longitudinal, large-scale, population-based cohort study using electronic health records.](#) Katsoulis M, Lai AG, Diaz-Ordaz K, Gomes M, Pasea L, Banerjee A, Denaxas S, Tsilidis K, Lagiou P, Misirlis G, Bhaskaran K, Wannamethee G, Dobson R, Batterham RL, Kipourou DK, Lumbers RT, Wen L, Wareham N, Langenberg C, Hemingway H. Lancet Diabetes Endocrinol. 2021 Sep 2:S2213-8587(21)00207-2. doi: 10.1016/S2213-8587(21)00207-2.

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## International

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**Effect of health screening and School Nurse Interventions on primary school students' knowledge, behavior, and status in Turkey: A quasi-experimental Omaha System study.** Ilgaz A. J Pediatr Nurs. 2021 Sep 6:S0882-5963(21)00247-5. doi: 10.1016/j.pedn.2021.08.014.

**Outcomes of a culturally informed weight-loss competition for New Zealand Indigenous and Pacific peoples: a quasi-experimental trial.** Glover M, Kira A, McRobbie H, Kruger R, Funaki-Tahifote M, Stephen J, Breier BH, Kira G. BMC Nutr. 2021 Sep 10;7(1):52. doi: 10.1186/s40795-021-00457-9.

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#### ***International: Research related to COVID-19***

**Effect of telerehabilitation applied during COVID-19 isolation period on physical fitness and quality of life in overweight and obese individuals.** Ozturk B, Duruturk N. *Int J Obes (Lond).* 2021 Sep 9:1-5. doi: 10.1038/s41366-021-00965-5.

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## **Systematic reviews**

**Weight stigma and obesity-related policies: A systematic review of the state of the literature.** Hill B, Bergmeier H, Incollingo Rodriguez AC, Barlow FK, Chung A, Ramachandran D, Savaglio M, Skouteris H. *Obes Rev.* 2021 Sep 9. doi: 10.1111/obr.13333.

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