



Office for Health Improvement and Disparities

Welcome to the latest issue of the weekly Obesity Knowledge Update from the Office for Health Improvement and Disparities (OHID). This bulletin highlights new research relating to obesity and its determinants.

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UK and Ireland

Piloting the objective measurement of eating weight and speed at a population scale: a nested study within the Avon Longitudinal Study of Parents and Children. Wade KH, Clifford L, Simpkin AJ, Beynon R, Birch L, Northstone K, Matthews S, Davey Smith G, Hamilton-Shield J, Timpson NJ. *Wellcome Open Res.* 2021 Jun 16;5:185. doi: 10.12688/wellcomeopenres.16091.3.

Estimating the influence of body mass index (BMI) on mortality using offspring BMI as an instrumental variable. Hyppönen E, Carslake D, Berry DJ, Power C, Davey Smith G. *Int J Obes (Lond).* 2022 Jan;46(1):77-84. doi: 10.1038/s41366-021-00962-8.

Changes in household food and drink purchases following restrictions on the advertisement of high fat, salt, and sugar products across the Transport for London network: A controlled interrupted time series analysis. Yau A, Berger N, Law C, Cornelsen L, Greener R, Adams J, Boyland EJ, Burgoine T, de Vocht F, Egan M, Er V, Lake AA, Lock K, Mytton O, Petticrew M, Thompson C, White M, Cummins S. *PLoS Med.* 2022 Feb 17;19(2):e1003915. doi: 10.1371/journal.pmed.1003915.

Use of lifestyle interventions in primary care for individuals with newly diagnosed hypertension, hyperlipidaemia or obesity: a retrospective cohort study. Lemp JM, Nuthanapati MP, Bärnighausen TW, Vollmer S, Geldsetzer P, Jani A. *J R Soc Med.* 2022 Feb 17;1410768221077381. doi: 10.1177/01410768221077381.

Usability and Engagement Testing of mHealth Apps in Paediatric Obesity: A Narrative Review of Current Literature. Arthurs N, Tully L, O'Malley G, Browne S. *Int J Environ Res Public Health.* 2022 Jan 27;19(3):1453. doi: 10.3390/ijerph19031453.

A foresight whole systems obesity classification for the English UK biobank cohort. Clark S, Lomax N, Birkin M, Morris M. *BMC Public Health.* 2022 Feb 18;22(1):349. doi: 10.1186/s12889-022-12650-x.

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