



Office for Health Improvement and Disparities

Welcome to the latest issue of the weekly Obesity Knowledge Update from the Office for Health Improvement and Disparities (OHID). This bulletin highlights new research relating to obesity and its determinants.

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UK and Ireland

[Age- and sex-specific effects of obesity, metabolic syndrome and its components on back pain: The English Longitudinal Study of Ageing.](#) Perera RS, Chen L, Ferreira ML, Arden NK, Radojčić MR, Klužek S. *Joint Bone Spine.* 2022 Feb 25;105366. doi: 10.1016/j.jbspin.2022.105366.

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[Mechanisms of Action in a Behavioral Weight-Management Program: Latent Growth Curve Analysis.](#) Bates S, Norman P, Breeze P, Brennan A, Ahern AL. *Ann Behav Med.* 2022 Jan 1;56(1):64-77. doi: 10.1093/abm/kaab019.

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International

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Systematic reviews

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