



Womens Overnight Camping Retreats

With Wanderwomen Scotland

Archerfield Overnight Retreat

Wednesday 12th June (12pm) - Thursday 13th June

Situated in the beautiful Archerfield Estate in East Lothian, this retreat will include a long walk along the beach (flat terrain), dip in the sea and time for reflection and meditation.

Blinkbonny Woods Overnight Retreat

Saturday 31st August – Sunday 1st September

Based at the wild campsite of Blinkbonny Wood East Lothian, this retreat will include a hill walk (15km) reservoir swim and time for reflection and meditation.

Both retreats will include an evening of sharing stories and conversation around the campfire. Tents, evening meal and breakfast will be provided, you will need to bring a sleeping mat and sleeping bag (if you need help sourcing these let us know).

For more information and to register your interest for one of these retreats, please contact us:

stillcaring@care4carers.org.uk / 0131 661 2077

Care for Carers is funded by the Edinburgh Health & Social Care Partnership, the Edinburgh Integrated Joint Board, the Bank of Scotland Foundation, NHS Lothian, Carers Trust, Short Breaks, the National Lottery Community Fund and the Postcode Lottery. Care for Carers is a Scottish Charitable Incorporated Organisation. Registered Charity No SCO 13450.

