

#fairdementiacare



People living with advanced dementia are facing

£50.9m
in care costs every year

This needs to change.



The Delivering Fair Dementia Care For People With Advanced Dementia Report

The Fair Dementia Care Commission, established by Alzheimer Scotland, published the 'Delivering Fair Dementia Care For People With Advanced Dementia' report.

The report sets out a firm definition for advanced dementia for the first time. It also identifies the inequality people living with advanced dementia face in terms of access to health care. Through the report the Fair Dementia Care Commission calls for a number of reforms, including equal access to free healthcare for people living with advanced dementia.

You can download the full report and also sign up to support the Fair Dementia Care campaign here:

<https://www.alzscot.org/our-work/campaigning-for-change/current-campaigns/fair-dementia-care>

Self-Directed Support – Information session

Self-directed support aims to give people more choice and flexibility in how care and support is arranged.

This workshop will provide an introduction to self-directed support, enabling participants to learn more about what this is, what this can mean for carers and how to access it.

The session will be run by Age Scotland and will take place at St Margaret's House on Monday 29th August, 2pm – 3.30pm.



Community Café

Come along to Bellfield Fridays at 10am-12:30pm for their weekly café. Pay what you feel for tea, coffee and bakes, free taster session in arts/crafts, a chance to connect with friendly faces, learn new skills and have some tasty treats!

16B Bellfield St, Portobello, EH15 2BP

Carers UK State of Caring Survey

The State of Caring Survey is the UK's most comprehensive research into the lives and experience of carers. The 2022 survey is now open.

The survey helps us to paint a comprehensive picture of what life is like for carers at the moment, the challenges carers might face, and the impact caring has on finances, health, and wellbeing.

The survey is open until 11th September and can be completed here:

<https://www.surveymonkey.co.uk/r/YRG TJ35>

If you have any questions about the research, please contact Carers UK policy team by emailing policy@carersuk.org

Bereavement Counselling



**Susan Hollins
Counselling**

Grief Therapy
Shamanic Healing

Appointments in person,
online, by phone

susan@susanhollinscounselling.co.uk
07375 925296

Please see the information below regarding grief counselling offered at St Margaret's House:

I offer skilled, knowledgeable, and empathic support to people who are experiencing any type of loss.

Trained in Psychodynamic Therapy, my approach is holistic, taking into consideration the impact of loss and grief not only on our emotional and mental health but also on our body, memory, and our brain function.

As well as listening deeply I provide practical resources to help you navigate your way through grief, helping and enabling you to create strong enduring bonds of relationship with your loved one, and to rediscover a sense of purpose for your own life.

Appointments are available in person, by video call or phone call on a weekly or fortnightly basis.

After a free taster session, each hourly appointment is £50. First 6 sessions are at the reduced rate of £45 per session. Other reduced rates available on request.

Susan Hollins Counselling St Margaret's House 151 London Road Edinburgh EH7 6AE

Accredited Member of the National Council of Integrative Psychotherapists NCIP

Professional Member of the Association for Counselling & Therapy Online ACTO

Covid booster vaccines

The JCVI issued their final advice a few weeks ago regarding the Autumn Covid Booster.

The following groups will be offered an additional dose of the Covid booster in a community clinic from September:

- Residents in a care home for older adults and staff working in care homes for older adults.
- Frontline health and social care workers
- All adults aged 50 years and over.
- Those aged 5 to 49 years in a clinical risk group, including pregnant women.
- Those aged 5 to 49 years who are household contacts of people with immunosuppression.
- Carers aged 16-49 years.

You can read the full statement about the Autumn Covid Booster rollout from Scottish Government here:

<https://www.gov.scot/news/autumnwinter-covid-19-booster-programme/>

Its likely that carers will be called for the boosters around Dec time and there will be a similar booking process to previous vaccine rollouts for carers (I.e. online portal / national booking line).

There will be further info around this in the coming weeks which we will share as and when we receive it.

Cost of Living – Advice for carers

We know that carers are feeling the impact of the increased cost of living.

Coalition of Carers have created a new page on their website with info and links to the Cost of Living Payments and the Energy Bills Support Scheme.

The page will be regularly updated the page with any new information and support available to carers:

<https://www.carersnet.org/cost-of-living/>

Care and Repair Edinburgh Fire Alarm installations – Hardship Funding

The new interlinked fire alarm legislation was introduced in Scotland in February 2022.

Scottish Government have awarded Care and Repair Edinburgh (CRE) funding to assist lower income older and/or disabled homeowners fulfil this legislative requirement.

To be eligible for support, applicants must comply with all the following criteria:

- **Live and own their home that has a Council Tax banding of A-C (Band D may be considered)**
- **Be of either state pension age and in receipt of guaranteed Pension Credit or have a disability and be in a support group for Employment and Support Allowance. Applicants must provide the appropriate reference number to CRE**
- **There should be no other earning adult in the household – including another person in receipt of state pension or ESA unless they are also on Pension Credit or in a support group ESA.**

As well as assisting with the installation of interlinked fire alarms through this fund, CRE are also offering this service to anyone over the age of 60 or who lives with a disability within the city of Edinburgh.

The cost of this service is £236 for a single storey property (2 smoke + 1 heat alarm) or £290 for a double storey property (3 smoke + 1 heat alarm). This is payable in advance of fitting by cheque, cash or bank transfer.

Additional alarms are charged for at unit price.

CO alarms are supplied if required free of charge through funding from Scottish Gas Network

Further information on the regulations can be found using the following link to our website:

<https://www.cre.scot/what-we-do/fire-alarms/>

If you wish to apply, please do so on our website at <https://www.cre.scot/request-a-service/> or call us on 0131 337 1111 and leave a message.

Please remember to add your DWP number and the name of the benefit you receive if you think that you are eligible for Government funding.

Please also add details of your home layout so that we can determine the correct number of alarms to be installed.

