



Capital Carers (formerly North West Cares Centre)

Adult Carers & Cared for SIDE BY SIDE Programme of Events



May 2023

ZOOM ID : 907 582 5794 Password: sidebyside

Contact - Rosie Phone: 07407 427773 email: rosie@nwcarers.org.uk

The Month of May has 3 Public holidays and the Office is closed: May 1st, 8th, and 22nd

I will also be on Annual leave from Tuesday 9th May –Wednesday 17th May

MAY	TIME	EVENT	WHERE
Tuesday 2nd	2-3.30pm	Singalong to familiar songs (Dementia inclusive)	Queensferry Church, The Loan and on ZOOM
Wednesday 3rd	1—2.30pm	Knitting/ Craft Group or just come for the Tea and chat	Space to Be - meet upstairs at Food Hall (last unit on right) in Gyle Shopping Centre
Tuesday 16th	2-3.30pm	Singalong to familiar songs (Dementia inclusive)	Queensferry Church, The Loan and on ZOOM
Thursday 18th Booking required	1- 2.30pm	Visit to Craigie’s Farm Soup and Bread of the day at Café—free	Meet at café. Own transport required . West Craigie Farm, South Queensferry EH30 9AR
Tuesday 23rd Booking required	12.30 –2pm	Male Carers Support Group Come along for a chat.	Ye Olde Inn Davison Mains
Wed 24th Booking required	3– 4.30pm Time on barge	Ratho Barge Trip Outing with picnic - 10 spaces available	Seagull Trust Ratho Barge Limited transport available so own transport will be needed for this trip
Tuesday 30th	2-3.30pm	Take 2 Musicians—Izzy and Elaine will entertain us with song and music . Plus Refreshments	Queensferry Church, The Loan and on ZOOM...Dementia Awareness Week
Wed 31st	11 –12.30	Carers Support Group	Morrison’s Café at Ferry Road
Wed 31st	6-7pm	Working Carers Connections via	ZOOM

