



Stepping Out Residential Breaks Application Form

Please be aware that places are limited and applying does not guarantee you a place. We will inform you as soon as possible of the application outcome. All information is treated with confidentiality and is used for allocating places and monitoring the service.

Name: _____ Date of Birth: _____

Address: _____

_____ Gender: Male / Female / Other

Postcode: _____ Tel.No: _____

Mob. No. _____ Email: _____

Tell us about your caring role? (Who do you look after? What illness or disability do they have?) _____

Have you been on a Stepping Out Break before? Yes No

Date & Venue of last Stepping Out break _____

How did you find out about Stepping Out short breaks? _____

Which Trip are you applying for a place on? (please state Trip & date for BOTH choices)

1st Choice _____

2nd Choice _____

Some Trips will involve organised physical activity. Please let us know if you have limited mobility (e.g. using stairs, walking aid, etc)

All of our breaks are group activities, carers may have to share a room with another carer.

Any specific dietary restrictions _____

Please check you have fully completed all sections of the application form before signing.

Signed : _____ Dated : _____

Please Note : Carers who look after a person in a long term care setting can still apply for a place.