



Capital Carers Edinburgh
(formerly North West Carers Centre)



The Singing Group at South Queensferry



For People living with Dementia, or Cognitive Impairment and their Carers

Welcome back to our *Singing Sessions 2022*

Join us for an afternoon of familiar songs, tea and chat. The words to the music are put up on a screen and our in - house musicians provide the music to singalong to (if you want). We have small hand percussion instruments if you prefer to play music.

When: 1st and 3rd Tuesday of the month

Time: 2.00 pm — 3.45pm

Where: Queensferry Parish Church, The Loan, EH30 9NS

How: Contact Rosie to book a place

Phone: 07407 427773 email: rosie@nwcarers.org.uk

Refreshments: Tea / coffee and biscuits from 2.00pm – 2.30pm

This is for unpaid and paid carers and the person they care for to meet others.

It is also in a safe, friendly and relaxed environment for those living with Dementia or Cognitive Impairment and our songs are familiar and inclusive. You can spend time together to socialise and to sing, or to just appreciate the music with the emphasis on enjoyment and fun. It is also an opportunity to meet others, have a chat and enjoy a cuppa. **Former Carers welcome.**

Please note: if you are a carer supporting a frail, older person and you think they would benefit then pop in and see us to find out more

Working in partnership with South Queensferry and District Dementia Friendly Initiative and Queensferry Care.

Special Thanks to Luminate Dementia Inclusive Singing Network who are funding our singing events



Dementia Inclusive Singing Network