

DO YOU CARE FOR A LOVED ONE AGED 16 OR OLDER WITH AN EATING DISORDER?

Edinburgh Carers Council provides a monthly carers group specifically for unpaid carers supporting an adult with an eating disorder.

This group is facilitated by a trained peer worker who has lived experience of an eating disorder. This is a safe space for you to meet other carers, share your experiences, join a community, and receive information, advice and support.

**INTERESTED? PLEASE
CONTACT EMMY AT
THE EDINBURGH
CARERS COUNCIL**



**NEXT MEETING:
Tues Feb 28th
1:00pm - 2:30pm**

**'The Shore' Room
ECC Office
14 Links Place
Edinburgh
EH6 7EZ**

Meetings typically take place on last Monday of the Month with the exception of December and March

emmy@edinburghcarerscouncil.co.uk

Or call our office at: 0131 322 8480