



# Brain Injury Carers Support

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Edinburgh Headway Group is dedicated to supporting unpaid carers of adults with an acquired brain injury (ABI).

## **We aim to:**

- Work with local hospitals to identify and make early contact with carers of people with an ABI;
- Provide information and support to carers;
- Use our partnerships to provide financial planning/benefits advice and advice on house adaptations;
- Support carers to maintain or develop a network of social relationships and supports;
- Use our partnerships to support carers to participate in valued life roles and be included in their home and community;
- Promote feelings of self-confidence and empowerment to make everyday decisions and life choices.

Our telephone and email support is available to any carer in Edinburgh, Midlothian and West Lothian who is supporting an individual with an ABI.

**Please contact us directly on 0131 370 0393 or email**  
[carers@edinburghheadway.org.uk](mailto:carers@edinburghheadway.org.uk)

