

Come along to our Living Well as We Age Information Event

Monday 6th February, any time between 10am and 1pm

At the new Pentlands Community Hub, 531 Lanark Road - opposite the entrance to Baberton Avenue

Meet representatives from and find out all about...

Dementia Friendly Pentlands, The Meeting Place & Pentlands Men's Shed, all local services

Steven Whitby, SOLLA later life financial advisor

Gillespie Macandrew, legal and tax advice – including powers of attorney

Age Scotland and **Care & Repair**, charities working with and for older people in Edinburgh and Scotland

COOK Morningside, sample award winning, frozen meals and puddings

Home Instead, companionship care in the comfort of your own home



For more information call Home Instead on 0131 609 0244