



FRESH,
NUTRITIOUS
MEALS
PREPARED BY
CAFÉ LIFE IN
STOCKBRIDGE

MEALS ON WHEELS

DELIVERED TO YOU
HOT AND READY TO EAT

AVAILABLE TO OVER 65S IN SELECTED AREAS OF
NORTH EDINBURGH - FREE OF CHARGE

CafeLife

Heart of the Neighbourhood

LIFECARE (EDINBURGH) LIMITED - 2 CHEYNE STREET. EDINBURGH. EH41JB CHARITY NO SC012641

TWO COURSE MEALS – WITH TWO CHOICES FOR MAIN COURSE (ONE ALWAYS VEGETARIAN). ALL SPECIAL DIETARY REQUIREMENTS AND ALLERGIES CAN BE CATERED FOR.

WHO IS ELIGIBLE?

CLIENTS MUST BE 65 OR OVER AND LIVING IN STOCKBRIDGE, COMELY BANK, FETTES, CRAIGLEITH, MURRAYFIELD, DRYLAW, BLACKHALL, DAVIDSON'S MAINS, MUIRHOUSE, GRANTON, PILTON, TRINITY, NEWHAVEN, WARRISTON, CANNONMILLS OR BONNINGTON.

WE ARE PARTICULARLY LOOKING TO SUPPORT INDIVIDUALS ON PENSION CREDIT, THOSE WHO HAVE HAD THEIR CARE SUPPORT REDUCED, THOSE WHO HAVE HAD THEIR DAY/LUNCH CLUB SUSPENDED OR ANYONE ISOLATED DUE TO THE PANDEMIC.

ALL MEALS PREPARED IN A COVID SAFE PROFESSIONAL KITCHEN AND DELIVERED BY HELP AT HOME AND CAFÉ STAFF WEARING APPROPRIATE PPE.

MEALS AND THEIR DELIVERY ARE FREE OF CHARGE.

**IF YOU ARE INTERESTED PLEASE CALL US ON
0131 343 0940**

LifeCare
Help at Home