



Lockdown #3 - Referrals to Edinburgh Young Carers

As we are all aware, the COVID-19 pandemic has led to a further lockdown this winter, which means that EYC can't currently carry out our work with young carers in the usual way. But! This doesn't mean that our work stops.

We are still taking on new referrals and supporting our existing young carers remotely.

Make a referral: <https://www.youngcarers.org.uk/make-a-referral/>

This is a difficult time for many families, and young carers in particular may feel even more isolated by the current situation. Our focus and priority is, as ever, to support the wellbeing of young carers across Edinburgh. To continue to deliver our mission throughout these continued challenging times, we have had to make some temporary changes to our service delivery and revert to remote support which, given that we have been through this before, we were ready for.

With experience of the previous lockdown and continued working from home practice, we have found ways of working which still ensure that young carers receive the best support that we can provide. Although we cannot provide a face to face support service at this time, **we continue to engage** with the young carers we support through one-to-one telephone and video calls, online group activities, group video sessions, text messages, letters and other online tools, as well as providing updates, information, support and signposting through our website and social media channels (see links at the bottom of this email).

Please continue to make referrals. Although we will not be able to progress with your referral in the traditional way (i.e. face to face appointments) until restrictions for youth work are lifted, upon receipt of your referral a Development Worker will be in touch within two weeks to discuss the case and, if appropriate, we will move forward with contacting the young carer and/or family remotely.

Due to the ever-changing nature of the current situation, please refer to our online communications for updates, and we will be back in touch with regards to individual cases shortly.

Thank you for your continued support for Edinburgh Young Carers.

Website: www.youngcarers.org.uk

Facebook: www.facebook.com/Edinburghyoungcarers

Twitter: www.twitter.com/EYCP

Instagram: www.instagram.com/eycscotland