## Do you provide unpaid care for a spouse, partner or family member?

Being a carer can be a challenging and isolating role. You are not alone!

The Hub@531 Lanark Road , EH14 5DE Drop-in info sessions: 10am-12pm last Monday of each month Upcoming dates: April 24<sup>th</sup>, May 29<sup>th</sup>, June 26th

Provided by a member of the Adult Carer Support Team from Space @ The Broomhouse Hub

What support can we offer?

Information and advice for carers Signposting to other organisations Individual emotional support Peer and group support with other carers.



If you are unable to attend the drop-in please feel free to contact the Adult Carer Support Team at another time.

Contact us: <u>Jude.balfour@SPACESCOT.ORG</u> 0131 455 7731 Space @The Broomhouse Hub | 79-89 Broomhouse Crescent | Edinburgh | EH11 3RH