

# Think Carer

**Training from VOCAL** 

Helping professionals identify and support unpaid carers

## About

Think Carer training raises awareness of unpaid carers including the impact of caring and available support. Health and social care professionals are in an ideal position to identify carers and help them access the support and resources they need to improve their quality of life as well as that of the person they care for.

### By the end of the session, you will:

- recognise who carers are and know how to identify them
- understand how the caring role can impact carers and know why carers need your support
- demonstrate an awareness of the key practice points of the Carers (Scotland) Act including Section 28
- know how to refer carers to supporting organisations and what support these organisations provide

### Upcoming dates:

March 6, 2:00pm- 3:00pm April 16, 10:00am-11:00am April 30, 1:00pm-2:00pm

This session will be delivered via MS TEAMS.

#### To register, or for more information, contact Beth Wylie, Partnership Training Officer on 0131 622 6666 or bwylie@vocal.org.uk

You can also contact Beth to arrange a **bespoke session** for your team.