If you answered yes to the questions above, we need your help t

**If you answered yes to the questions above, we need your help to understand how you have been involved with mental health services in Edinburgh**

We are interested in understanding what impact your involvement has had on your life and the life of the person you care for. We want to know what you think would make that experience better in the future. What you tell us will help our work to support and encourage services to improve or develop meaningful carer involvement.

The information you share with us at the focus group will be kept confidential. Anything you tell us will not be attributed to you personally, and names and specific references to people and places will be changed.

This research is not connected to services or benefit you are entitled to.

The focus groups will be run by Fiona Barrett, Carer Engagement Officer at VOCAL, supported by trained experienced carer volunteers.

**What will you gain from the experience?**

We hope that becoming a focus group participant on this project will be an interesting experience for you. Taking part will give you the opportunity to share your insights and experiences while giving you the chance to meet other carers. There will also be a small sweet “thank you” gift for taking part!

**When and where?**

The focus groups will take place at VOCAL’s Edinburgh Carers Hub, 60 Leith Walk Edinburgh, EH6 5HB. Groups will take place on:

15 July from 13:30 - 16:00

29 July from 10.00 – 12. 30

10 August from 10.00 – 12. 30

19 August from 10.00 – 12. 30.

You can join the group on the date that best suits you, subject to a maximum of 8 participants. Refreshments will be provided and reasonable travel expenses will be reimbursed.

**What next?**

**To register your place, or find out more information please contact Fiona at** [**involve@vocal.org.uk**](mailto:involve@vocal.org.uk) **or telephone 0131 622 6666. Please don’t forget to complete our mental health carers survey** [**here**](https://forms.office.com/r/VBvdB7bQPu)**. Thank you.**

**Focus Group Participants Wanted!**

Do you care for a person who uses mental health services in Edinburgh?

Are you interested in helping us understand your experience as a carer of a person with a mental health condition?

Would you like to help inform improved carer involvement in mental health services?





