

Think Carer

Training from VOCAL

Identifying and supporting
unpaid carers



About

Think Carer training raises awareness of unpaid carers including the impact of caring and available support. Health and social care professionals are in an ideal position to identify carers and help them access the support and resources they need to improve their quality of life as well as that of the person they care for.

By the end of the session, you will:

- recognise who carers are and know how to identify them
- understand how the caring role can impact carers and know why carers need your support
- demonstrate an awareness of the key practice points of the Carers (Scotland) Act including Section 28
- know how to refer carers to supporting organisations and what support these organisations provide



Upcoming dates:

March 9th, 10am -11am

March 22nd, 2pm-3pm

April 5th, 11am-12pm

April 18th, 1pm-2pm

This session will be delivered via MS TEAMS.

You can register using the QR Code below, or by visiting:

vocal.org.uk/thinkcarer/



We can also offer **free** custom sessions for teams! For more information email:

bwylie@vocal.org.uk or call 0131 622 6666 for more information.