## Become a volunteer and support people in your local area.

Would you like to make a difference in your local community, and support people to have a voice that counts?



Volunteering can be an incredibly rewarding and fulfilling experience. Not only will you be supporting us to deliver our important services to local people in your area – you will get a lot from it too.

## What you can get out of it?

- enhance your skills through our volunteer training programme (eLearning and instructor led)
- develop personal experience in health and social care
- build your confidence and self-esteem
- improve your CV for the next step in your career
- connect with people and make a difference in your community

"I've had a lot of different issues in my life with my disability, my care package, my housing situation. I wanted to use these experiences to do something to assist other people. I wanted to give something back."

Ben, Support Session Volunteer

Find out what volunteer roles are available near you:

Freephone:

0300 303 1660



Email: volunteering@voiceability.org
Website: voiceability.org/volunteering

## **About VoiceAbility**

We've been supporting people to have their say in decisions about their health, care and wellbeing for over 40 years. We're an independent charity and one of the UK's largest providers of advocacy and involvement services.