

# The Carers (Scotland) Act 2016



National Carer  
Organisations

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# The Carers (Scotland) Act-

## The key message

### Why supporting carers matters

- To protect carers' health and wellbeing
- To enable carers to care if they are willing and able
- So that more people can be cared for at home
- Carers are essential to the health and social care sector, and
- Supporting carers supports human rights & the economy

[https://www.sharedcarescotland.org.uk/wp-content/uploads/2015/11/Carers-Act-Implementation\\_engagement-event.pdf](https://www.sharedcarescotland.org.uk/wp-content/uploads/2015/11/Carers-Act-Implementation_engagement-event.pdf)



# Main provisions in the Carers Act

## Definition of a carer



A broader definition of a carer: removal of 'regular and substantial'

# Main provisions in the Carers Act

## Adult Carer Support Plan/Young Carer Statement



Similar to Carers Assessment

Anyone can request a  
Plan/Statement

Must include information on  
Emergency and Future  
Planning

Outcomes-based

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# Main provisions in the Carers Act

## Information and advice



Duty to 'establish & maintain' an information and advice service

Duty to provide information on:

- Carers Rights Charter
- Support services
- Emergency and future planning

Service to include carers who have been bereaved



# Main provisions in the Carers Act

## Breaks from caring



Must consider whether the support should take the form of or include a short break

Must prepare and publish a short breaks services statement

Local authorities must promote a wide range of breaks

Short breaks need to be provided on a 'planned basis'

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# Main provisions in the Carers Act

## Duty to support carers



Duty to support carers who meet eligibility criteria

Power to support carers in a preventative manner who do not meet eligibility criteria



# Main provisions in the Carers Act

## Involving carers in care planning for the person they care for



Local authorities have a duty to take account of the views of carers when assessing the needs and planning the care of the person they care for





# Main provisions in the Carers Act

## Involving carers



Local authorities must involve carers in the development, planning and evaluation of services that support carers



# Main provisions in the Carers Act

## Hospital discharge



Carers must be informed and involved on the process of hospital discharge



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