



Edinburgh Health and Social Care Partnership

# Adult Carer Support Plans and Young Carer Statements

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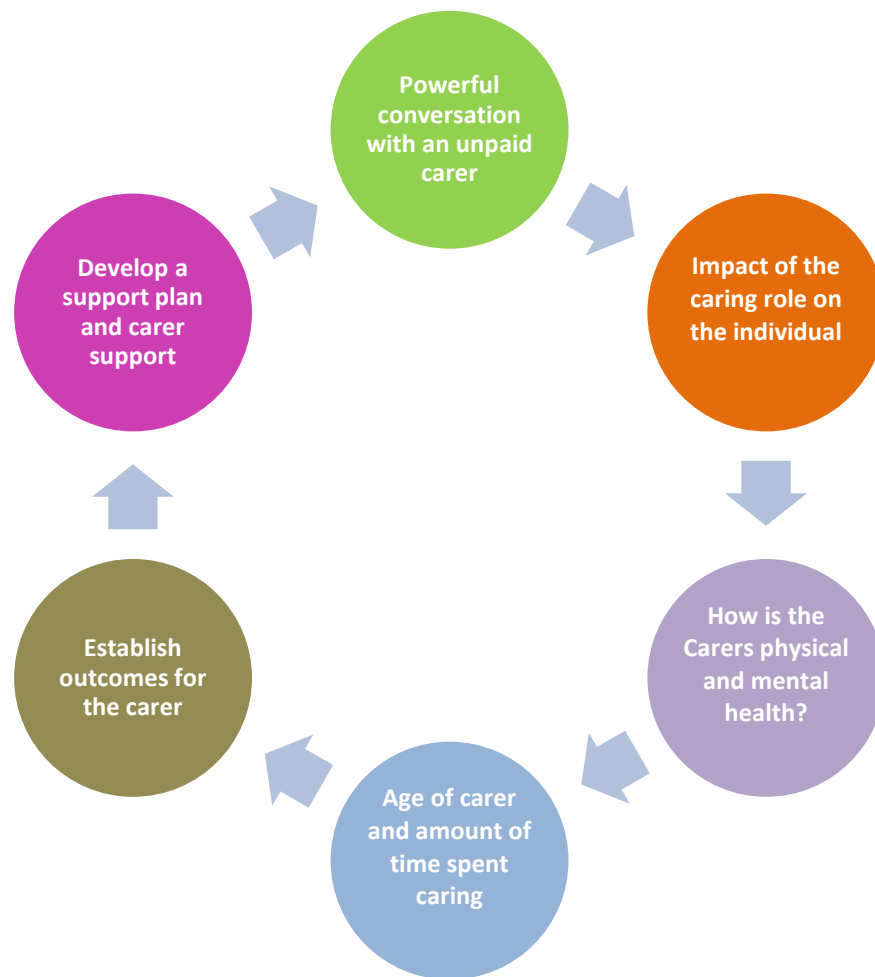


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# Purpose of an Adult Carer Support plan



The plan itself shouldn't assume the carer wants to take on a caring role or continue caring

The carer may still care about the person they look after, but may no longer be able to care for them

**Critical or Substantial Impact**  
Local Authority *duty*  
to support eligible carers  
Integrated Authority provides for  
eligible need / carer chooses SDS option

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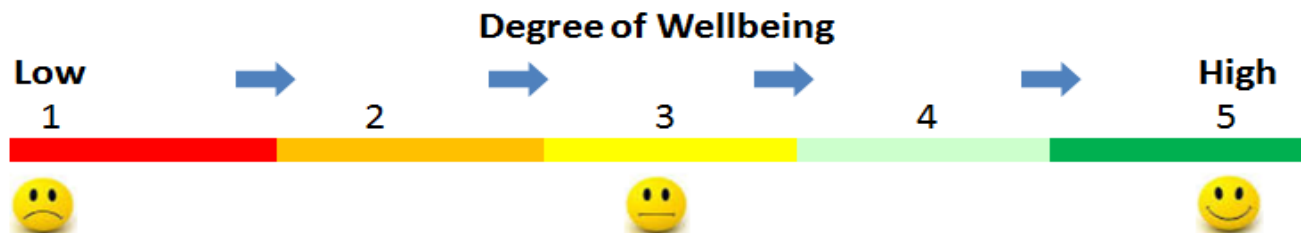
**Moderate Impact**  
Local Authority *power* to support carers.  
Integrated Authority commissions community supports and carer services which are provided on a preventative basis.  
Services are developed according to local need. This may include services such as breaks from caring, peer support, advocacy and counselling

**Low Impact**  
Local Authority *power* to support carers.  
Integrated Authority supports information and advice services for carers and other universal, community supports.  
This may include access to a local carers centre, peer support, training and signposting to social and leisure opportunities

## Eligibility for Services is decided in terms of risk to an individual.

There are five categories for assessing impact:

- **No Impact (5)**  
Indicates that there are no quality of life issues resulting from the caring situation and at this moment no need for support or advice.
- **Low Impact (4)**  
Indicates that there may be some quality of life issues but low risk to a carer's capacity for independence or health and wellbeing.
- **Moderate Impact (3)**  
Indicates that there is some risk to a carer's capacity for independent living and health and wellbeing. This may call for provision of some health and social care services.
- **Substantial Impact (2)**  
Indicates that there is major risk to a carer's capacity for independent living and health and wellbeing. Likely to require urgent provision or health and social care services.
- **Critical Impact (1)**  
Indicates that there are significant risks to a carer's capacity for independent living and health and wellbeing. Likely to require immediate provision or social care services.



# Timescales for ACSPs for carers of terminally ill cared-for persons



## ***What do we need to know and do?***

*A person is terminally ill if they suffer from a progressive disease and death in consequence of that disease can reasonable be expected within 6 months*

- Once a carer requests an ACSP or accepts an offer of an ACSP, the authority has a duty to prepare one and follow these steps:

### **Step 1: *Substantive Conversation***

- The carer should be contacted within two working days and substantive conversation must take place within five working days of the notification date
- The local authority must prepare the plan within ten working days from the date when the carer originally requested or accepted the offer of an ACSP

# Timescales for ACSPs for carers of terminally ill cared-for persons



## Step 2- Light Touch ACSP

- Step 2 is completing a light touch ACSP, based on the substantive conversation
- The light touch ACSP is intended to address urgent issues and does not have to cover all the information required under section 9(1) of the 2016 Act
- The authority and the carer should agree when the plan should be reviewed to include the rest of the information which should be contained in a plan

*As soon as a carer feels ready to participate in the ACSP preparation process, they should benefit from accelerated time limits for receiving an ACSP and associated support*