

Space for Young Carers

belong, laugh, share



Young Carers are Young People First

Are you a Young person who provides practical and/or emotional support to another person, due to ill health, mental or physical disability, drug or alcohol dependency issues or long term illness?

If so, you could be a Young Carer!

We support Young Carers aged 7-25 years living in South West Edinburgh, providing group work, one to one sessions and support in schools.

**For more information on what support is available to you,
for you please contact:**

Amanda Farquhar

Youth and Families Service Manager

Tel: **0131 455 7731**

Mob: **07927 558 249**

Email: **amanda@spacescot.org**

www.spacescot.org

