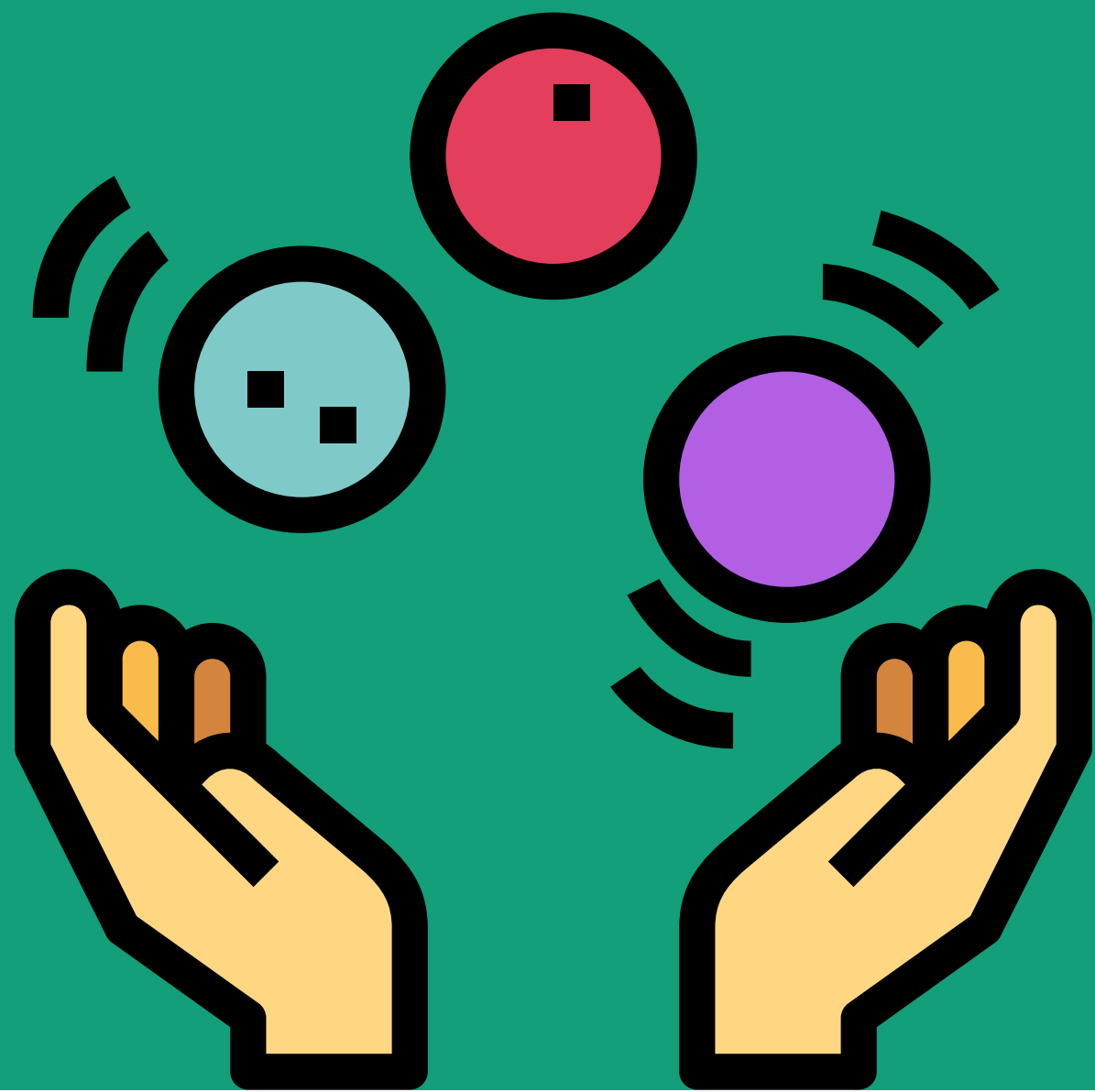


**Financial issues? Emotional?
Socially isolated? Tired?**



**Could
they be
a young
carer?**

Edinburgh Young Carers works with young people aged 5 to 25 years old who care for or are affected by someone else at home – usually a parent or sibling.

The person they care for may suffer from:

- mental health problems
- disability
- chronic ill-health
- drug and alcohol misuse

You can refer a young person for organised activities, discussions, support and a chance to meet other young carers and have fun.

Contact jennifer.lewis@youngcarers.org.uk or visit our website <https://www.youngcarers.org.uk/make-a-referral/>

**EDINBURGH
YOUNG
CARERS**