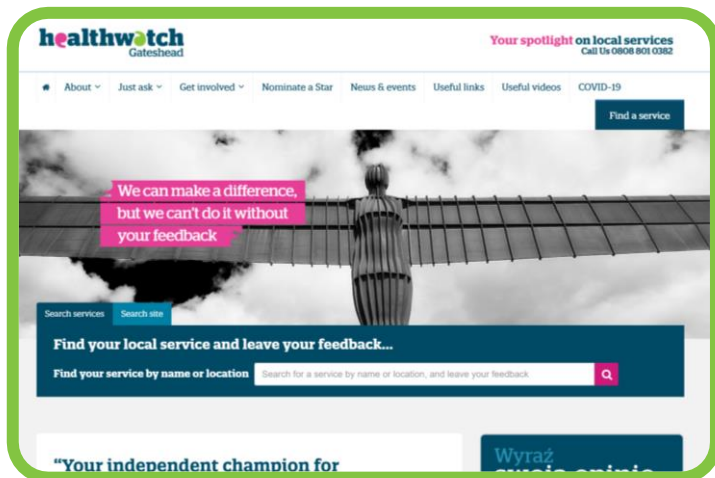


Healthwatch Gateshead believe that users views can improve health and social care services. Their mission is to demonstrate how user views can improve services in health and social care. And to provide practical services, support, and advice to help that happen well.

## ASK

Do you have anything to say about local NHS or social care services? Would you like to talk to someone about your experiences within NHS or social care service?



## ASSIST

Healthwatch Gateshead collects experiences on services from people of all ages and from all communities in an anonymous manner. As part of the remit to gather views they also have the power to 'enter and view' services and conduct announced and unannounced visits.

## ACT

For more information or if you would like to share any of your experiences please get in touch.

**Visit:** [www.healthwatchgateshead.co.uk](http://www.healthwatchgateshead.co.uk)

**Call:** 0800 385 116

**Text:** 07498 503 497

**Email:** [info@healthwatchgateshead.co.uk](mailto:info@healthwatchgateshead.co.uk)



How have you been feeling lately?

I recently had a really bad experience at my GPs



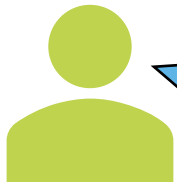
## ASK



I'm sorry to hear that. Have you heard of Healthwatch Gateshead?



## ASSIST



You can leave your experiences of GP and other NHS and social care services on their website. This can be submitted anonymously



## ACT



Get in touch for more information and to share any of your experiences [www.healthwatchgateshead.co.uk](http://www.healthwatchgateshead.co.uk) (see alternative contact details on previous page)

