

Wordsearch

Can you find the 16 fruit and vegetables below?

Z	N	M	O	B	A	U	A	S	A	O	O	N	M	N	U	I	Z
A	T	I	E	S	N	B	S	R	E	B	M	U	C	U	C	W	S
P	O	B	W	P	F	W	A	T	E	R	M	E	L	O	N	A	A
U	H	H	A	I	U	C	W	T	S	O	O	C	S	W	Z	Y	C
M	M	G	O	N	I	P	A	G	R	A	P	E	F	R	U	I	T
P	S	C	I	A	A	A	U	R	E	A	U	T	D	I	Y	E	E
K	N	M	H	C	O	N	Z	A	I	P	E	A	P	O	D	S	O
I	T	O	C	H	Z	E	A	P	T	W	T	S	C	U	S	C	U
N	I	P	S	I	U	S	R	E	P	P	E	P	B	S	T	P	S
S	P	V	Z	U	C	C	H	I	N	I	S	A	A	Z	O	E	R
U	T	D	I	T	A	V	O	C	A	D	O	S	T	A	O	P	A
W	A	O	V	V	Y	D	H	M	W	C	A	W	O	U	R	U	C
Z	G	A	R	A	T	O	I	O	D	Z	T	B	M	I	T	M	P
I	R	E	E	R	O	S	L	K	L	U	M	T	A	E	A	E	L
N	A	F	H	R	A	A	R	I	B	I	R	O	T	M	E	A	E
V	P	S	O	V	B	C	O	O	A	H	V	C	O	W	B	T	W
C	E	D	S	W	E	E	T	C	O	R	N	E	E	T	C	U	C
O	S	V	Z	U	O	O	V	E	S	N	W	U	S	R	E	Z	I

Avocados

Banana

Beetroot

Carrots

Cucumbers

Grapefruit

Grapes

Olives

Peppers

Peapods

Pumpkins

Spinach

Sweetcorn

Tomatoes

Water Melon

Zucchini

Each fruit or vegetable contains different vitamins. Without vitamins, our bodies wouldn't be able to perform vital tasks such as, building bones and keeping our teeth in good working condition.